

# What should I do to reduce the risk of exposure to PCBs?

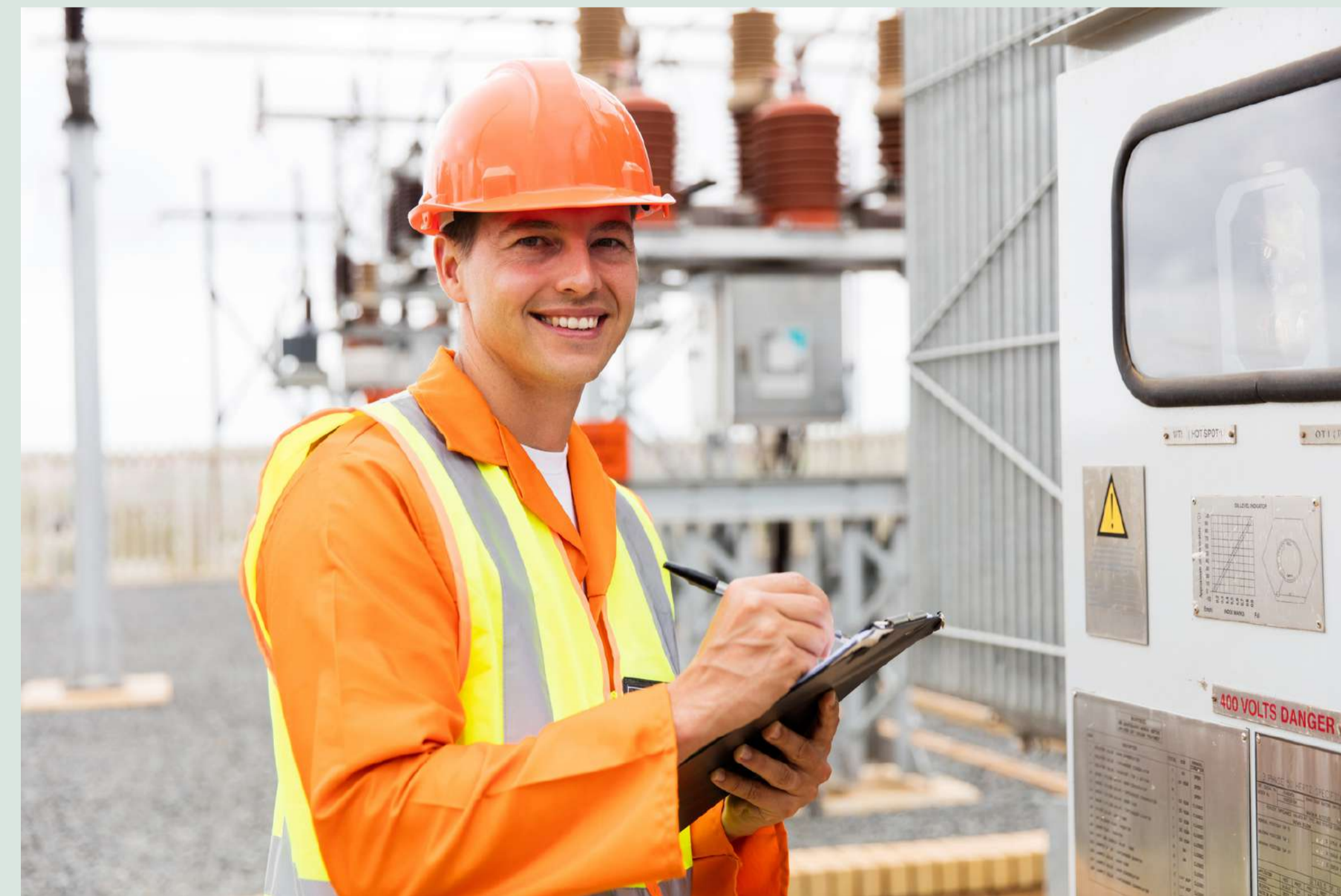
## CHILDREN

- If children live near hazardous waste sites, they should not play on the ground or in areas where a transformer has caught fire.
- Children should not eat dirt and should wash their hands carefully and frequently.
- Children should not play with old electrical equipment or transformers.



## WORKERS

- Comply with safety regulations provided at your workplace regarding PCBs.
- Shower and change clothes before leaving your workplace for home.
- Your clothes should be washed and kept separate from those of your family.



## GENERAL PUBLIC

- Avoid consumption of animal fats and large fish from areas where PCBs are known to be present or have been produced.
- Follow local and state recommendations and restrictions for fishing.
- Check with your local or state health authority or environmental department for advice on PCB risk in different types of fish and wildlife and for which areas those apply.

